



## Athletics competition program



INTERNATIONAL  
MASTERS  
GAMES  
ASSOCIATION

	28 July	29 July	30 July	31 July	1 Aug	2 Aug	3 Aug	4 Aug
Vertical Run	Finals							
100 mt W All		Heats	Finals					
100 mt M All		Heats	Finals					
200 mt W All				Finals				
200 mt M All						Finals		
400 mt W from 30+ to 40+		Semifinals						
400 mt W All			Finals					
400 mt M from 30+ to 50+				Semifinals				
400 mt M All					Finals			
800 mt M from 30+ to 55+		Semifinals						
800 mt M All			Finals					
800 mt W from 30+ to 45+					Semifinals			
800 mt W All						Finals		
1500 mt W All		Finals						
1500 mt M from 30+ to 50+					Semifinals			
1500 mt M All						Finals		
5000 mt Track Walk W All					Finals			
5000 mt Track Walk M All					Finals			
5000 mt M All				Finals				
5000 mt W All				Finals				
2000 sp W All			Finals					
2.000sp M From 55+		Finals						
3000 sp M From 30+ to 50+		Finals						
80 hs W from 40+				Semifinals	Finals			
80 hs M from 70 +				Semifinals	Finals			
100 hs W from 30+ to 35+				Semifinals	Finals			
100 hs M from 50+ to 65+				Semifinals	Finals			
110 hs M from 30+ to 45+				Semifinals	Finals			
300 hs W From 50+						Finals		
300 hs M From 60+ to 70+					Semifinals	Finals		
300 hs M From 70+						Finals		
400 hs W From 30+ to 45+						Finals		
400 hs M 30+ 35+					Semifinals	Finals		
400 hs M From 40+ to 55+						Finals		
10 km Road Race All					Finals			
Half Marathon All								Finals
Long Jump M All		Qualification	Finals					
Long Jump W All		Finals						
Hammer Throw W All				Finals				
Hammer Throw M All			Finals					
Shot Put W All			Finals					
Shot Put M All					Finals			
Javelin W All		Finals						
Javelin M All		Finals						
Discus W All					Finals			
Discus M All			Finals					
Pole Vault W All			Finals					
Pole Vault M All		Finals						
High Jump W All				Finals				
High Jump M All					Finals			
Triple Jump W All						Finals		
Triple Jump M All					Finals			